



# September 2010

SUN	MON	TUE	WED	THU	FRI	SAT
Week 2			1 Chili Dogs Lays chips Corn Bananas Brownies	2 Popcorn Chicken French Fries Mixed Vegetables Orange slices Apple dumpling	3 Fajitas Fajita veg. mix Fruit mix salad Chocolate cake	4
Week 3	5 <b>No School</b>	6 Jumbo chick. Tenders Mashed potato Corn Honeydew Vanilla pudding	7 Corndogs Chips Green Beans Pineapple Jell-O	8 French Bread Pizza Toss Salad California Blend Veg. Applesauce Sugar Cookie	9 Fish Sandwich Natural Cut chips Peas Peaches Choc. filled dumpling	10 11
Week 4	12 Cheeseburgers Tator Tots Peas Citrus Salad Strawberry shortcake	13 3 Meat Hoagie Chips Pears Apple filled Churro	14 Beef Taquitos Spanish Rice Refried Beans Bananas Brownie	15 Grilled Ham Scalloped Potatoes Green Beans Apple Slices Apple/Cinn. dumpling	16 <b>Chef's Choice</b>	17 18
Week 1	19 3 Meat Flatbread Chips Mixed Vegetable Fruit Salad Choc. Chip Cookie	20 Stuffed Chicken Rice Pilaf California Blend Veg. Yeast Roll Vanilla Pudding	21 Chicken & Dumplings Mashed Potato Green Beans Biscuit Jell-O	22 Lasagna Breadstick Corn Salad mix applesauce	23 Sloppy Joes Sweet Potato Fries Peas Peaches Choc. Filled dumpling	24 25
Week 2	26 Thin Crust Pizza Cheesy Breadstick Broccoli Fruit Cocktail Strawberry Shortcake	27 Taco Salad Pears Apple filled churro	28 Chili Dogs Chips Corn Bananas Brownie	29 Popcorn Chicken French Fries Mixed Vegetables Biscuit Orange slice	30	

**Tri-City Christian Academy  
Fall 2010 Menu**

[www.tcawarriors.org](http://www.tcawarriors.org)

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Please note:

Menu Items are subject to  
change without further notice.