

IBC Week 1
Week of 8/23

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast	Continental Breakfast	Biscuits & Gravy	Scrambled Eggs & Sausage links Hash Browns	Sausage and Egg Biscuit Fruit	French Toast Bacon	Breakfast Burrito Tator Tots	BIG BREAKFAST
Lunch	Guest chef Meal	Nachos	Chicken Parm alfredo sauce Pasta Vegetable Dessert	Chicken Tenders Fries Dessert	Fish Fish Sticks Rice Pilaf Hush Puppies Vegetable	Oriental Theme Pork Fried Rice Pot Sticker Egg Roll	WEEKLY SMORGASBORD
Dinner	Brown Bag to Go	Chimichangas Spanish Rice Salsa Cheese Fake	Grilled Chops Red Potatoes Vegetable Bread Dessert	Pasta Galore	Pot Roast Bread Dessert	BBQ chicken baked potato w/fixins beans bread dessert	GRILL NIGHT
Salad Bar will be available for both Lunch and Dinner meals.							